

Personal Reflection Exercises...

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I am a fearless risk-taker. The road less traveled calls out to me. I am enticed to tread new ground and go where few have gone before.

I swim against the current, away from the crowds. I travel upstream like a courageous fish. Others are unable to convince me of fitting into a cookie-cutter mold.

My heart desires more than an average life; therefore, I must take on more than the average risk.

I enjoy being a little rebellious. The best discoveries were made by people who were brave enough to go against the flow. Although I love feeling safe, a desire for security cannot handcuff me. I arise from the seat of contentment and welcome risks.

Even when there is a path traced out before me, I dare to take a different direction. I respect life, but I don't take it too seriously. ***Life is a gift that I enjoy to the fullest.***

To me, there is no fun in attempting only the things that have a guarantee of success. I live to try the unknown and difficult. I am defiant of limitations and boundaries.

Taking risks is as exhilarating to me as parachuting out of an airplane. I get a rush from knowing that I am about to face off with danger. My heart pounds in my chest when I venture out on a limb. I am not shy about questioning norms.

I celebrate who I am because I am proud. ***I was created for greatness***, and the only way to achieve it is to step in the direction of the unknown.

Self-Reflection Questions:

1. Have I given in to norms for fear of the unknown?
2. What price am I willing to pay in order to fly higher than the rest?
3. What is my attitude toward risks?