

Personal Reflection Exercises...

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I am perfectly happy with my life and I have goals for making it even better! I strive to increase my knowledge, discover new talents, and develop new skills to enable me to live the life of my dreams.

My success strategy starts out with a dream. Then I reflect on it to determine what I need to do to be able to live that vision. What further education do I need in order to live my dream life? What talents and skills would enhance the journey?

I compile the answers into goals that I can achieve to get me where I want to go, and then divide the goals into a series of smaller tasks. Now that I have my action plan, I can feel confident of success!

Having the confidence that I will succeed is a great feeling! I can jump right into taking action to prepare myself and accomplish my tasks.

I know that the time and money I spend investing in myself is well spent.

They say that, "*Luck is when preparation meets opportunity!*" When I prepare myself with education and training, I joyfully find "*luck*" down the road in my journey to reach my goals.

Today, my goal is to seek the education and training I need in order to live the life of my dreams.

Self-Reflection Questions:

1. Have I determined what further education or skills I need to reach my goals?
2. What actions have I taken to obtain this knowledge?
3. Are there classes or seminars I can take advantage of to develop my skills?