

Personal Reflection Exercises...

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Because I believe in the value of my goals, I invest in the tools I need to achieve success.

I wouldn't drag together a pile of scrap wood and rusted nails and expect to be able to build my dream house. Instead, I take the time to draw up plans and make lists of all the supplies I might need.

While I am always careful about waste and extravagance, I am willing to invest in quality supplies in order to create a house that is not only beautiful, but can withstand the elements and endure the test of time.

I do the same in my personal and professional life. I take the time to make sure I have thoroughly explored the options and that ***I have a clear picture of my goal.***

I plan, research, and enlist the advice of others so I can have a realistic idea of the skills needed to achieve my goals. Once I have a strong understanding of my plan, I acquire the necessary skills and resources.

I know what I want and ***I am willing to make the necessary investments of time, energy and money*** to make my dreams a reality.

Self-Reflection Questions:

1. Do I have a clear picture of my goals?
2. Have I taken the time to figure out what skills I may need to achieve my goals?
3. What investments are necessary to succeed?