

Personal Reflection Exercises...

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I let go of comparing them to anyone.**

I accept my family members without comparing them to others because I believe ***the only way they can truly develop to their full potential is by being granted the freedom to be themselves.***

We all have our strengths and weaknesses; that's why we live in families and communities. We need each other to be productive and well rounded because no one person is enough by himself.

We are like the colors in a beautiful mosaic. Perhaps I am more drawn to the golds or reds, but if the artist had splashed only one bright color on the canvas, where would the mastery and symmetry be?

The same holds true with people. I let go of the idea that my spouse or child should be the social equivalent of red or gold and let them be brown, blue, or green.

They may not be as flashy as some others; they may not catch the eye as quickly or draw as much praise, but I love them for who they are.

I love my family. I choose to focus my energy into helping them develop to their full potential so they can be fulfilled and contribute their own unique qualities to the world.

Self-Reflection Questions:

- 1.** Do I value the different roles people play in society?
- 2.** Do I allow my family to play the role they choose?
- 3.** How am I helping my family discover and develop who they are?