

Personal Reflection Exercises...

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I have a panoramic view of life. My eyes focus on the beauty of the whole. In order to see the bigger picture, I take a step back from where I am.

When I want to see something different, I simply reposition myself. When I look objectively from far away, I see that there is a purpose larger than me.

Stepping back helps me appreciate life as a whole. Like a forest, life is a combination of experiences. Just as some trees are more majestic than others, so are my experiences. I take the good with the bad and end up with a beautiful result.

I value each tree as a part of a whole. There is something I can get from each tree, but I look beyond it to catch a glimpse of something greater. If I fix my eyes on the individual trees, I miss out on the majesty of the forest.

One tree by itself is amazing as it is, but it is no comparison to a lush forest. I do not settle for a single tree when there is a beautiful forest that I deserve to enjoy.

I stay away from having a narrow view. Each day I take action to enlarge my vision. I look for things that may be hidden from me.

My ambitions are the binoculars that help me bring the larger image into focus. When I look through the eyes of ambition, my dreams feel close to me.

The forest has much more to offer than a single tree. I avoid focusing on the trees because there are experiences beyond my imagination awaiting me in the forest.

Self-Reflection Questions:

1. What do I need to do to reposition myself and have a better view?
2. When was the last time I took a step back to look at my life objectively?
3. How can I enlarge my vision today?